



MANAGEMENT OF HIT IN THE HEMODIALYSIS PATIENT

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RPN Education Day
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Objectives

- Review basis for anticoagulation during HD
- List components of clinical and laboratory diagnosis of HIT
- Consider treatment options for HIT in HD and for drug selection in patient scenario

Anticoagulation in HD

- Platelet and clotting cascade activated during HD
 - turbulence
 - shear stress
 - contact with artificial surfaces
- UFH to achieve systemic anticoagulation during HD
 - Bolus-infusion versus repeat boluses
 - Regular versus tight

Anticoagulation in HD

- Alternative anticoagulant
 - LMWH
 - Citrate
- Alternatives in active bleeding or high-risk of bleeding
 - Saline bolus/infusion
 - UFH priming of circuit only

Case Presentation

- 34 year old female
- Pregnant (~4 weeks)
- ESRD secondary to IgA nephropathy
- Initiated NHD training December 2009
- HD via CVC
 - Unsuccessful fistula and graft creation

Case Presentation

- Regular UFH given during dialysis
- Lab alerted to platelet count decline

Date	Platelets (bil/L)
September 28	315
November 13	327
December 10	207
December 16	167
December 31	56
December 31	15
December 31	13

Clinical Features

The diagnosis of HIT is based on 3 criteria:

1. An unexplained fall ($> 50\%$) in platelet count, even if the absolute count remains above 100×10^9 platelets/L
2. Patient is currently receiving or has had recent exposure to heparin (within last 100 days)
3. HIT-associated IgG antibody formation

Differential Diagnosis (Drug-Induced)

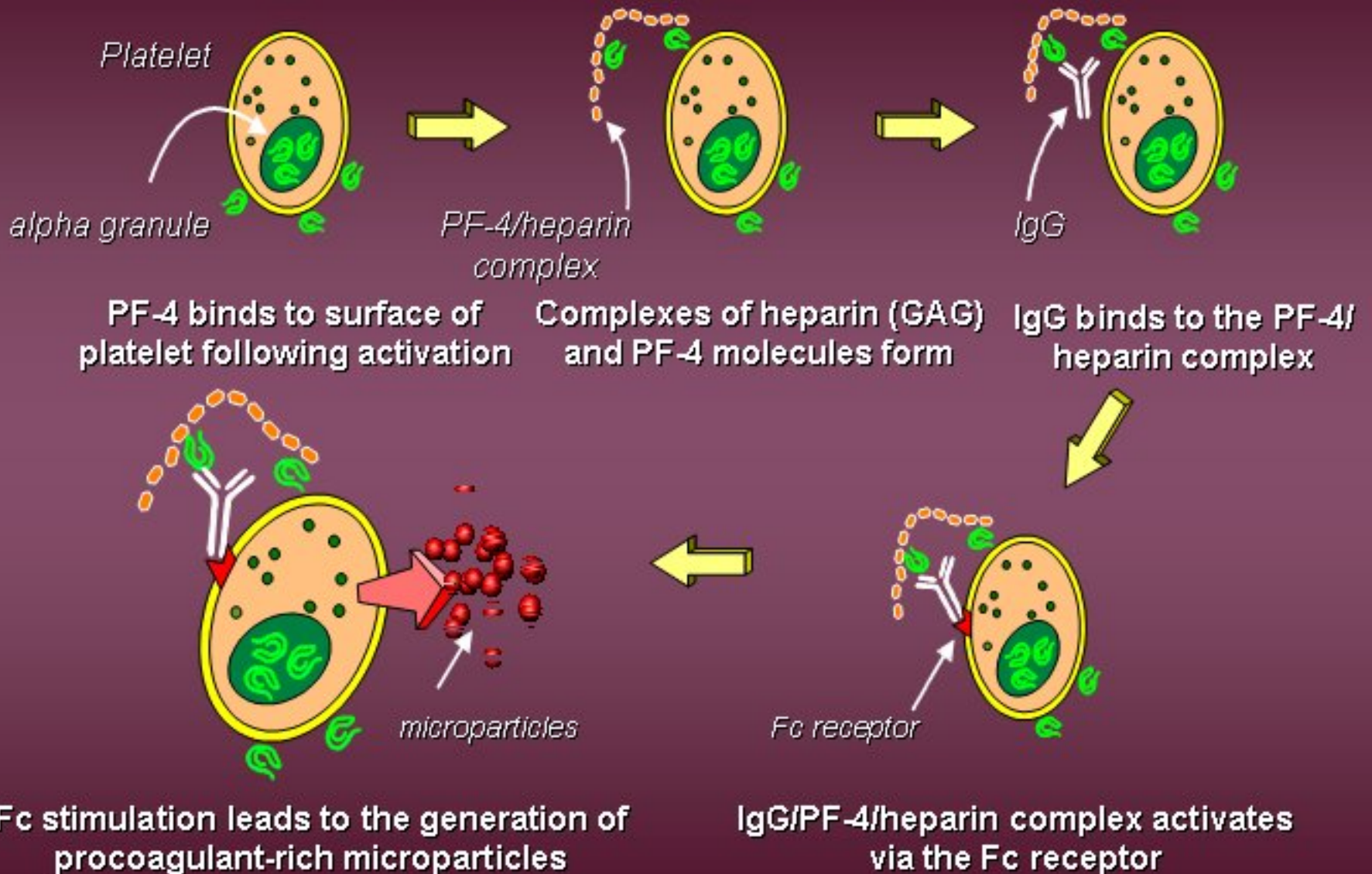
1. Heparin
2. LMWH
3. Chemotherapeutic agents
4. Quinine
5. GP IIb/IIIa receptor antagonists
(Abciximab, Eptifibatide)
6. Sulfonamides (Trimethoprim/sulfamethoxazole)
7. Anticonvulsants (Valproic acid, Carbamazepine)
8. NSAIDs (Diclofenac, Naproxen)

HIT Type II: Heparin-Induced Thrombocytopenia (HIT)

3 categories of HIT:

- Latent (HIT-associated IgG antibody positive but without thrombocytopenia)
- HIT (with thrombocytopenia)
- HIT/T (with thrombocytopenia and thrombosis)

Pathophysiology



Courtesy of Dr John G. Kelton, McMaster University. Hirsh et al. *Arch Intern Med.* 2004;164:361-369.
Available from URL: http://www.argatroban.com/argatroban_slides.htm

HIT – Clinical Syndrome

- Heightened risk of organized thrombus formation
 - Up to 50% of patients develop clinically significant thrombosis
 - Up to 10% of patients require amputation
 - Up to 5% mortality

Risk Factors

- Heparin preparation
 - Bovine UFH > Porcine UFH > LMWH
- Patient population receiving heparin
 - Post-surgical > Medical > Pregnancy > HD
- Duration of Heparin therapy
 - ≥ 1 week
- Patient sex
 - Female > Male

Risk Factors

- Highest risk with UFH
 - IV treatment dosing > SC prophylaxis dosing
- Lower risk with LMWH
 - SC treatment dosing ~ UFH prophylaxis dosing > SC prophylaxis dosing

HIT IN HD- Risk Factors

- Rare in HD despite “universal” UFH exposure
- Presents as clotting of circuit or access malfunction:
 - Graft or fistula thrombosis
 - CVC stenosis

HIT - Diagnosis

- Pre-test probability of HIT
 - “4 T’s” – thrombocytopenia, timing, thrombosis, other causes of thrombocytopenia
 - Stratify patient to low (≤ 3), intermediate (4-5), or high (6-8) likelihood

HIT - Diagnosis

■ Pre-test probability of HIT

	2 points	1 point	0 points
Thrombocytopenia	<ul style="list-style-type: none"> • Fall > 50 % • Nadir > 20 	<ul style="list-style-type: none"> • Fall 30-50% • Nadir 10-19 	<ul style="list-style-type: none"> • Fall < 30% • Nadir < 10
Timing (onset)	<ul style="list-style-type: none"> • Clearly day 5-10 • < 1 day (if exposure within 30 days) 	<ul style="list-style-type: none"> • Consistent with day 5-10, but missing data • > 10 days • < 1 day (if exposure 30-100 days) 	<ul style="list-style-type: none"> < 4 days without recent exposure
Thrombosis	<ul style="list-style-type: none"> • New thrombosis • Skin necrosis, • Acute systemic reaction post bolus 	<ul style="list-style-type: none"> • Progressive/ recurrent thrombosis • Suspected thrombosis 	None
Other causes of thrombocytopenia	None	Possible	Definite

Laboratory Diagnosis of HIT

Serologic Assay

- ELISA
 - Detects circulating IgG, IgA and IgM antibodies
 - >97% sensitivity
 - Limited specificity (74-86%): also detects PF₄-heparin antibodies in HIT-negative patients
 - 10-93% positive predictability
 - >95% negative predictability

Laboratory Diagnosis of HIT

Functional Assay

- Serotonin Release Assay (SRA)
- Measures platelet activation and detects heparin-dependent antibodies capable of binding to and activating Fc receptors on platelets
- >90% sensitivity
- 77-100% specificity
- 89-100% positive predictability
- 81% negative predictability

Treatment of Suspected HIT

1. Discontinue and avoid all heparins

Treatment of Suspected HIT

1. Discontinue and avoid all heparins
 - UFH (IV continuous infusion, SC injection)
 - LMWH
 - Heparin lock
 - Heparin flush
 - TPN

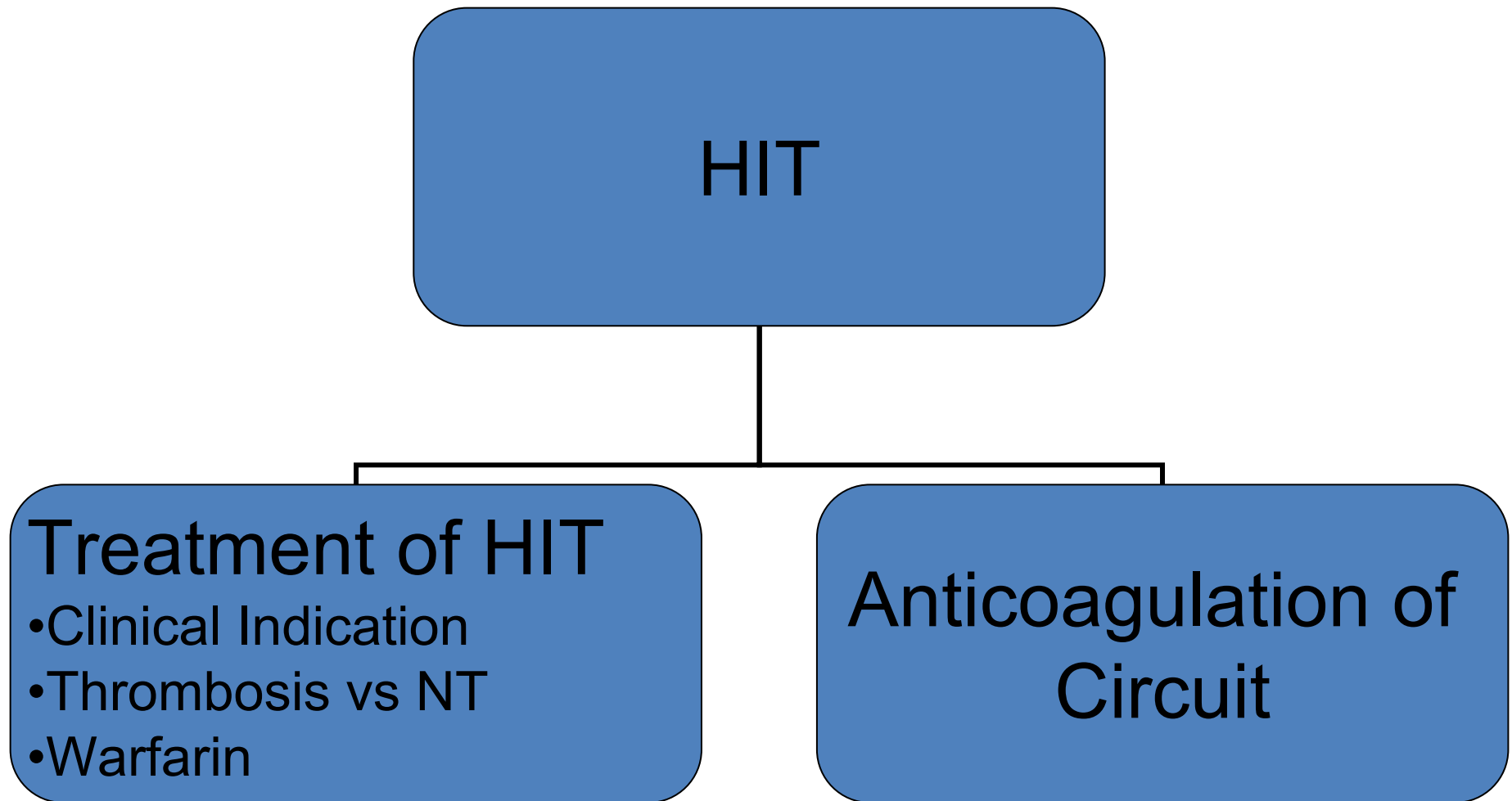
Treatment of Suspected HIT

2. Give a non-heparin alternative anticoagulant
 - Treat for suspected HIT
 - Consider the non-HIT indication requiring anticoagulation
 - Renal/hepatic impairment
 - Bleeding risk

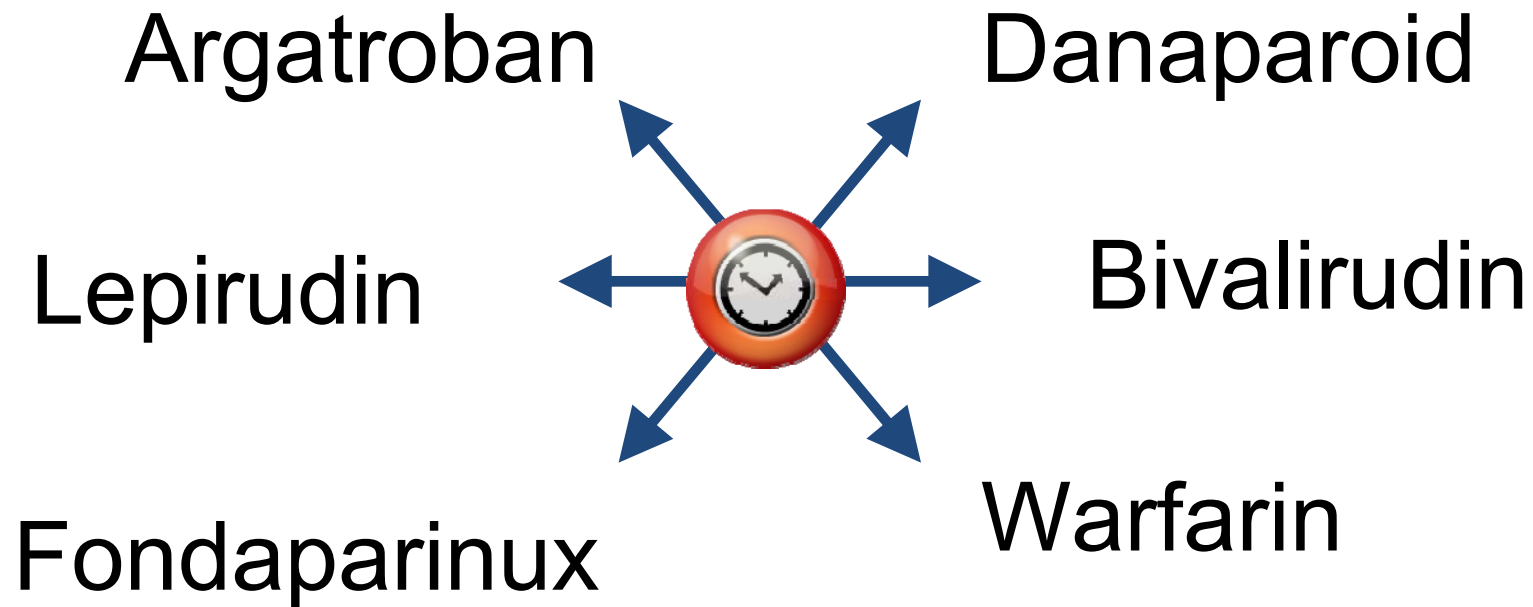
Treatment of Suspected HIT

3. Test for HIT antibodies
4. Postpone warfarin therapy pending platelet count recovery
5. Monitor for signs & symptoms of thrombosis

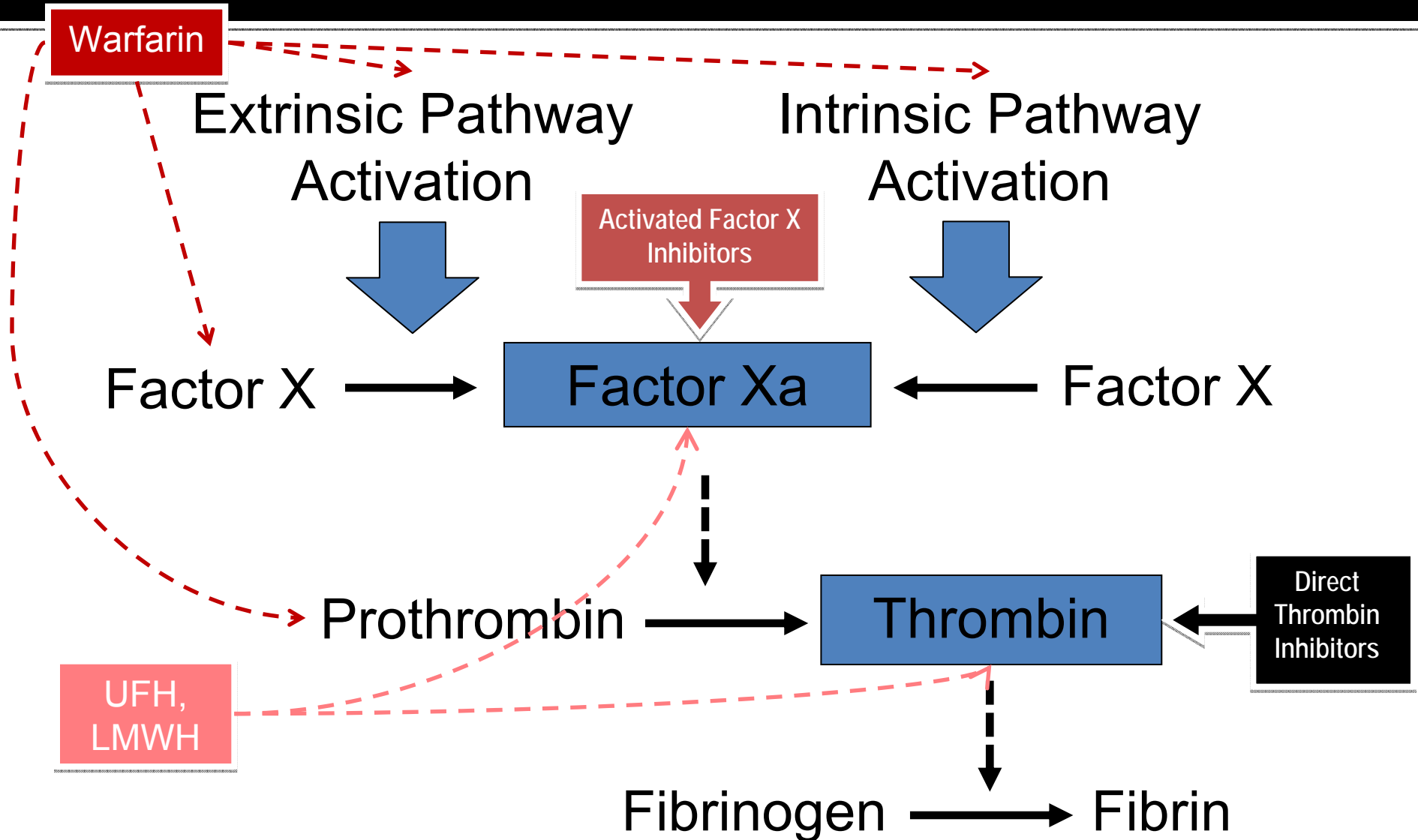
Issues with Treatment of HIT in CKD



Assessment of Therapeutic Alternatives



Targets in Coagulation Pathway

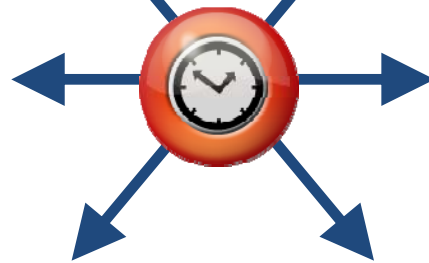


Assessment of Therapeutic Alternatives

Argatroban

Lepirudin

Fondaparinux



Danaparoid

Bivalirudin

Warfarin

Argatroban (Argatroban®)

- Direct thrombin inhibitor
- Health Canada Indication:
 - Anticoagulant therapy for patients with HIT and HIT/T requiring anticoagulation

Argatroban (Argatroban®)

- Dosing:
 - No thrombus present, high risk of bleeding, hepatic impairment = 0.5 mcg/kg/min
 - Thrombus present = 1 mcg/kg/min
- Monitor:
 - Argatroban level: Target = 0.2-0.5 mcg/mL
 - aPTT level: Target = 70-90 seconds
- Levels done:
 - Daily
 - 6 hrs post-rate changes

Argatroban (Argatroban®)

Elimination	Hepatobiliary
Cross-reactivity	None
Side effects	Headache, dizziness, rash, phlebitis at injection site
Reversibility	None
Cost	\$267.23 (100mg/100mL D5W)

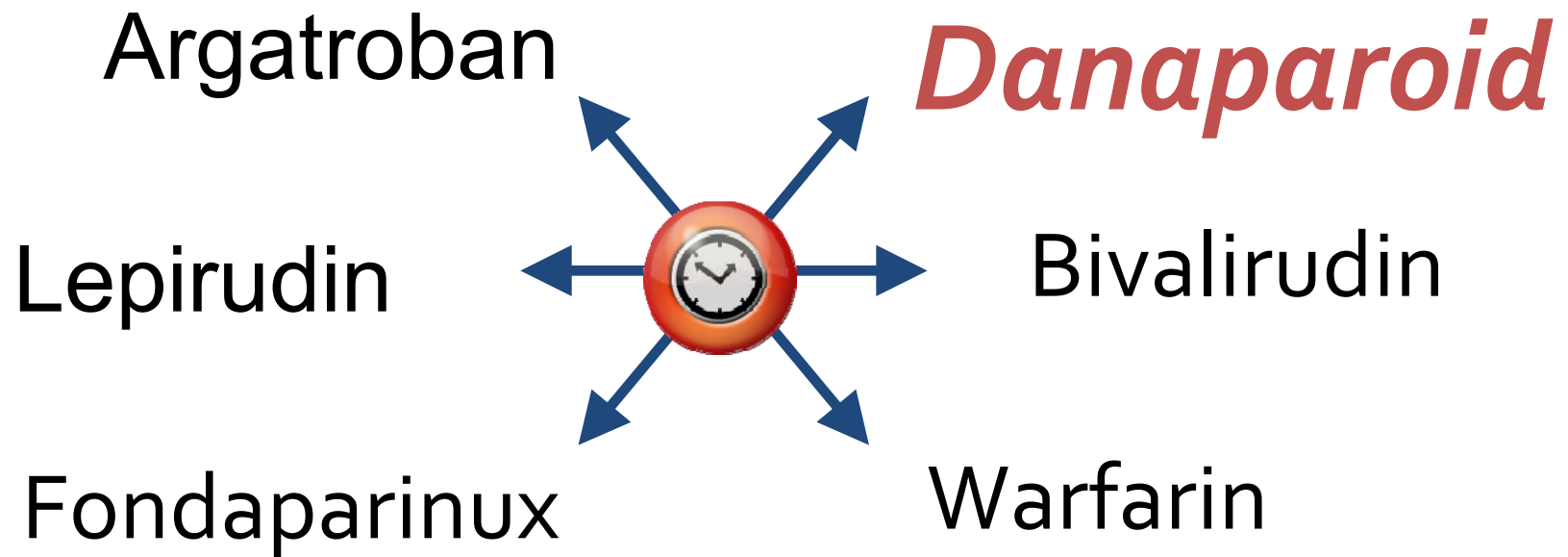
Argatroban (Argatroban®)

- Special Considerations
 - No dosage adjustment required in patients with renal impairment
 - Dialyzable – not significant
 - Requires careful monitoring of argatroban levels and aPTT
 - Artificial increase in INR
 - $t_{1/2}$ = 45 mins, stop anticoagulation 6 hrs pre-procedure

Argatroban in ESRD

- One case report and One Observational study (5 pts) used between 1mcg/kg/min and 2mcg/kg/min for HIT management
- aPTT aimed at 2.5x normal
- No bleeding or thrombotic consequences & plts recovered
- One Case report in PD pt- used 2mcg/kg/min and then decreased to 0.5mcg/kg/min
- aPTT was prolonged after D/C of drug

Assessment of Therapeutic Alternatives



Danaparoid (Orgaran®)

- Heparinoid
- Health Canada Indication:
 - Treatment of patients with an acute episode of HIT
 - Prophylaxis in patients with a history of HIT

Danaparoid (Orgaran®)

- Anticoagulation Dosing
 - Loading dose:
 - 2250 units IV bolus or IV infusion over 15mins
 - Maintenance dose:
 - First SC injection to be given at same time as IV loading dose
 - < 60kg = 1500 units SC q12h
 - 60–90kg = 2000 units SC q12h
 - > 90kg = 2250 units SC q12h

Danaparoid (Orgaran®)

- Prophylaxis Dosing
 - Low risk:
 - 750 units SC q12h
 - >90kg = 1500 units SC q12h
 - High risk (cancer, hypercoagulable state, major trauma, spinal cord injury, hip or knee arthroplasty, hip fracture surgery, major surgery in patients >40 yrs old with prior VTE):
 - 750 units SC q8h
 - > 90kg: 1500 units SC q8h

Danaparoid (Orgaran®)

- Monitor:
 - anti-Xa levels
 - Treatment: Target = 0.35-0.7 units/mL
 - Prophylaxis: Target = 0.15-0.4 units/mL
- Levels done:
 - On or after day 3
 - 6hrs post-dose

Danaparoid (Orgaran®)

Elimination	Renal
Cross-reactivity	3% cross-reactivity with HIT antibodies
Side effects	New thromboembolic event, extension of existing embolus, transient elevation of LFTs
Reversibility	None, plasmaphoresis in emergency situations
Cost	\$19.34/amp, treatment dose for a 70kg male, no IV bolus = \$116.22/day

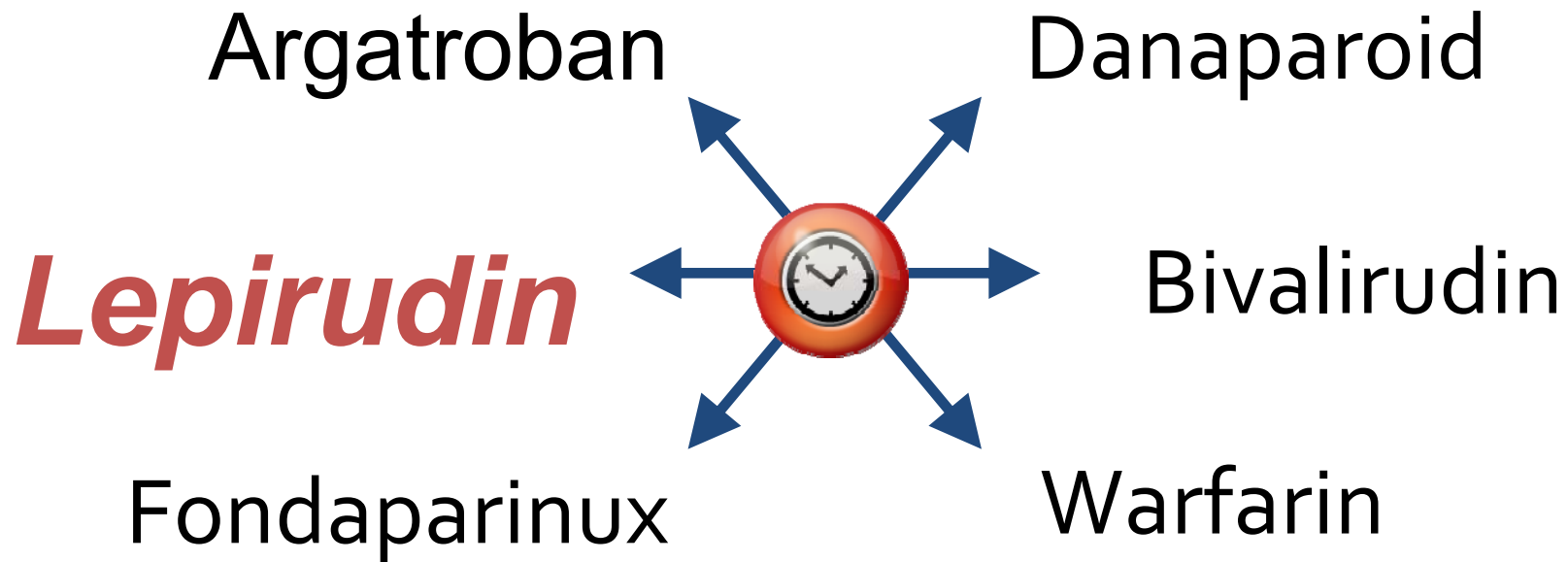
Danaparoid (Orgaran®)

- Special Considerations
 - Anticoagulant of choice in:
 - Patients with a history of HIT
 - Low index of suspicion for HIT
 - Pregnant women with HIT
 - Dosage adjustment and monitoring of anti-Xa levels required in patients with renal impairment
 - $t_{1/2} = 24$ hrs, stop anticoagulation 5 days pre-procedure

Danaparoid in ESRD

- In Europe recommendation:
 - 2500u iv bolus followed by 600u/h for 4hr- then 400u/hr for 4hr and then 200-600u/h- based on anti Xa levels
 - Target anti Xa levels at 0.5-1 anti Xa units.
- At UHN continued with same dosing but follow levels.

Assessment of Therapeutic Alternatives



Lepirudin (Refludan®)

- Direct thrombin inhibitor
- Health Canada Indication:
 - For anticoagulation in patients with HIT and associated thromboembolic disease in order to prevent further thromboembolic complications
 - For anticoagulation in adult patients with ACS (unstable angina, acute NSTEMI)

Lepirudin (Refludan®)

- Dosing
 - Treatment of Thromboembolism
 - Loading dose:
 - 0.2-0.4 mg/kg IV bolus , max of 44 mg in pts ≥ 110 kg
 - Maintenance dose
 - 0.1 mg/kg/hr, max of 11 mg/hr in pts ≥ 110 kg
 - Prevention of Thromboembolism
 - Loading dose:
 - None
 - Maintenance dose
 - 0.05-0.1 mg/kg/hr

Lepirudin (Refludan®)

- Monitor:
 - aPTT
 - Treatment and prevention: Target = 60-100 seconds (1.5-2.5 x control)
- Levels done:
 - Baseline
 - Daily
 - 4hrs post-rate changes

Lepirudin (Refludan®)

Elimination	Renal
Cross-reactivity	None
Side effects	Hypersensitivity reaction (dyspnea, bronchospasm), anaphylactic reaction upon re-exposure (skin reaction, angioedema)
Reversibility	None, hemo-filtration/dialysis with high-flux dialysis membrane may be helpful
Cost	\$106.70/vial, maintenance dose for a 70kg male x 24 hrs, no bolus = \$365.83

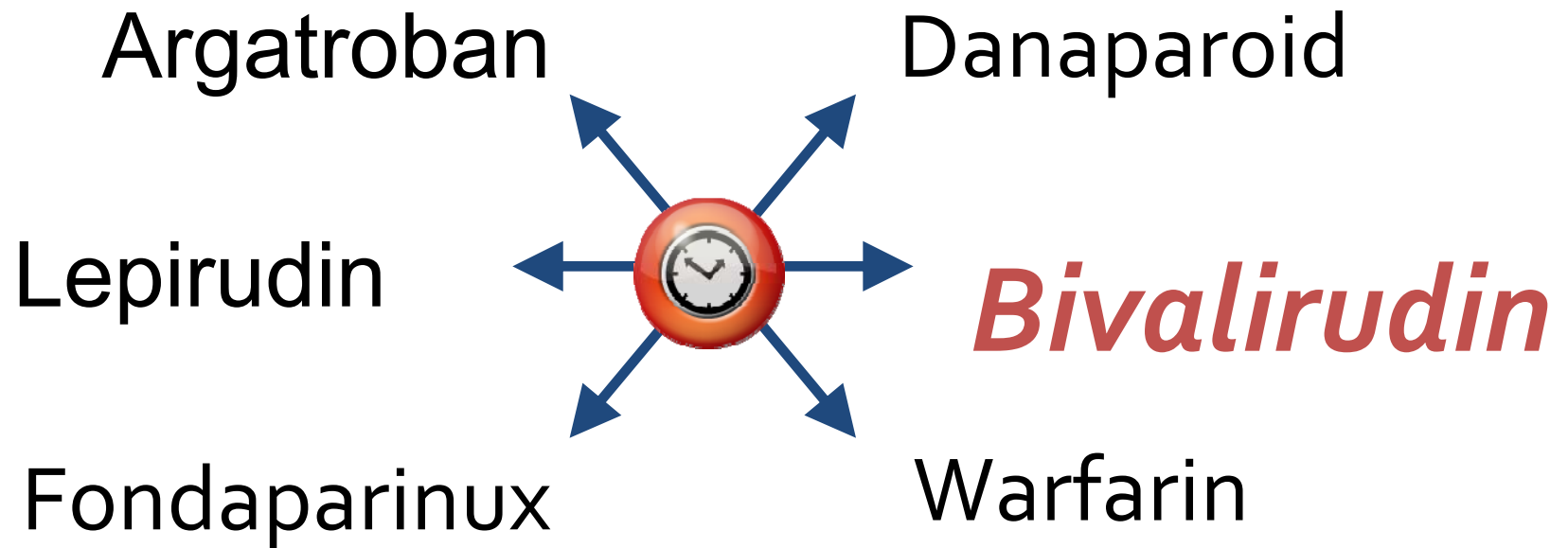
Lepirudin (Refludan®)

- Special Considerations
 - $t_{1/2}$ = 80 mins, stop anticoagulation 8 hrs pre-procedure
 - Prolonged $t_{1/2}$ with >5 days therapy
 - $t_{1/2}$ ~ 50 hrs in renal failure, dosage adjustment required
 - Monitor aPTT closely
 - Anti-hirudin antibodies in 40% of HIT patients (drug development)- pts should be treated only once.
 - Antibodies may increase anticoagulant effects due to delayed renal elimination of lepirudin-antihirudin complexes

Lepirduin in ESRD

- Literature is inconclusive- prolonged aPTT & increased bleeding
- Dependent on residual renal function
- Suggested no bolus and start with CI of 0.005-0.01mg/kg/hr & monitor aPTT 1.5-2x N or 0.1mg/kg iv bolus dose every other day

Assessment of Therapeutic Alternatives



Bivalirudin (Angiomax[®])

- Direct thrombin inhibitor
- Health Canada Indication:
 - For anticoagulation in patients undergoing percutaneous coronary intervention (PCI)
 - For patients with or at risk of HIT or HIT/T undergoing PCI or cardiac surgery

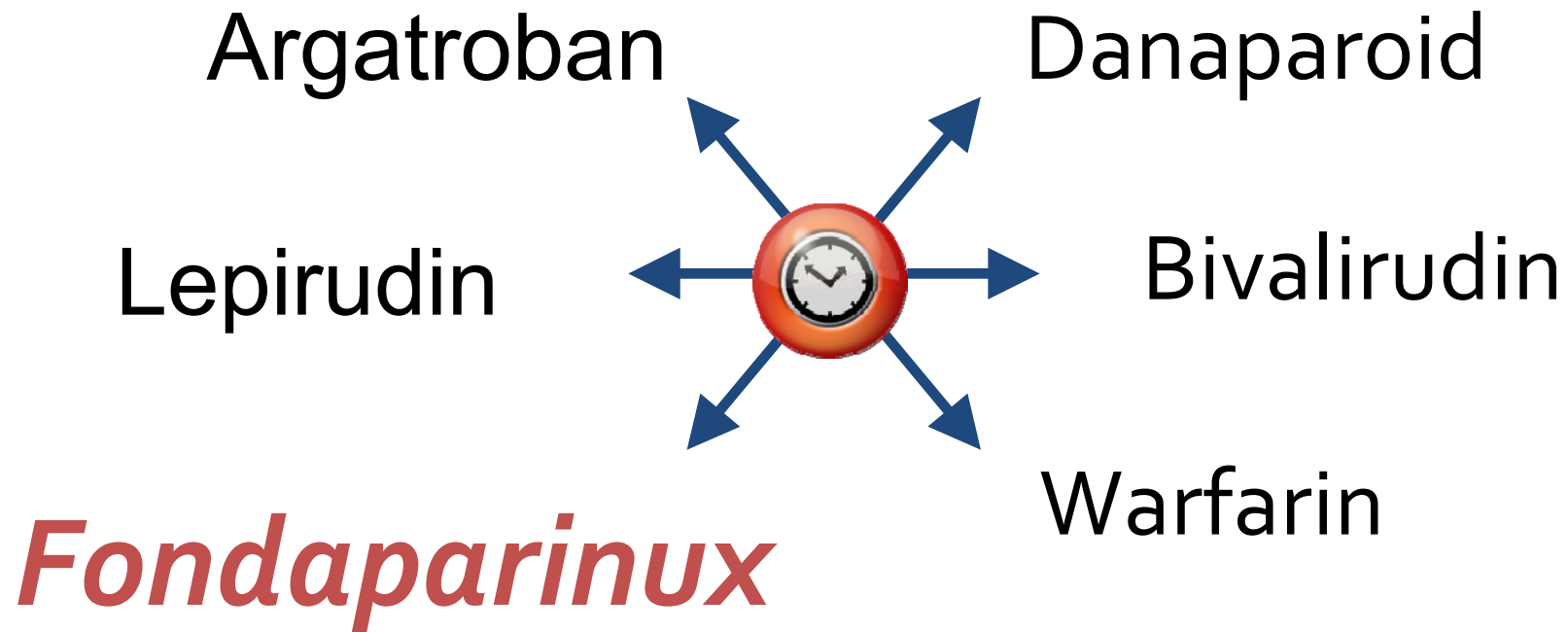
Bivalirudin (Angiomax[®])

Elimination	20% renal, 80% proteolysis metabolized
Cross-reactivity	None
Side effects	Back pain, nausea, headache, hypotension
Reversibility	None, hemodialysis (25%)
Cost	\$410.00/vial/elective PCI

Bivalirudin (Angiomax[®])

- Monitor:
 - ACT: Target = 300-350 secs
- Special Considerations:
 - At UHN, used only during PCI
 - $t_{1/2}$ = 25 mins, stop anticoagulation 2 hrs pre-procedure
 - $t_{1/2}$ = 1 hr in renal failure, no dose adjustment required in patients with mild/moderate renal impairment
 - Expensive

Assessment of Therapeutic Alternatives



Fondaparinux (Arixtra®)

- Synthetic antithrombotic
- Health Canada Indication:
 - Prophylaxis of VTE for up to 1 month post-orthopedic lower limb surgery (i.e. fracture, hip or knee surgery, hip replacement surgery)
 - Treatment of acute DVT and PE
 - Management of unstable angina or NSTEMI for the prevention of death and subsequent MI
 - Management of STEMI

Fondaparinux (Arixtra®)

Elimination	Renal
Cross-reactivity	None
Side effects	Thrombocytopenia, increase in LFTs
Reversibility	None, recombinant factor VIIa may be effective
Cost	\$30-40/day

Fondaparinux in ESRD

- Case reports
 - HIT on dialysis (unspecified mode, frequency) for acute renal failure
 - 0.5 mg SC daily
 - Resolution of HIT without consequence
 - HIT on dialysis (IHD, 3 times weekly) for transplant failure
 - 2.5 mg IV on dialysis days
 - Resolution of HIT without consequence
 - HIT patient – acute renal failure starting HD
 - 2.5mg daily and then every other day
 - Resolution of HIT without consequence

Fondaparinux (Arixtra®)

- Special Considerations
 - Limited clinical experience with fondaparinux in treatment of HIT
 - Subcutaneous administration
 - Once daily dosing
 - $t_{1/2} = 17-21\text{hrs}$, stop anticoagulation 4-5 days pre-procedure

HD Experience With HIT

- Limited data available for most agents
 - Argatroban – minimal changes in drug disposition
 - Danaparoid – prolonged half-life, accumulation, dose adjusted
 - Lepirudin – prolonged half-life, accumulation, dose adjusted
 - Bivalirudin – prolonged half-life, accumulation, dose adjusted
 - Fondaparinux – prolonged half-life, accumulation, dose adjusted

CHEST 2008: VKAs

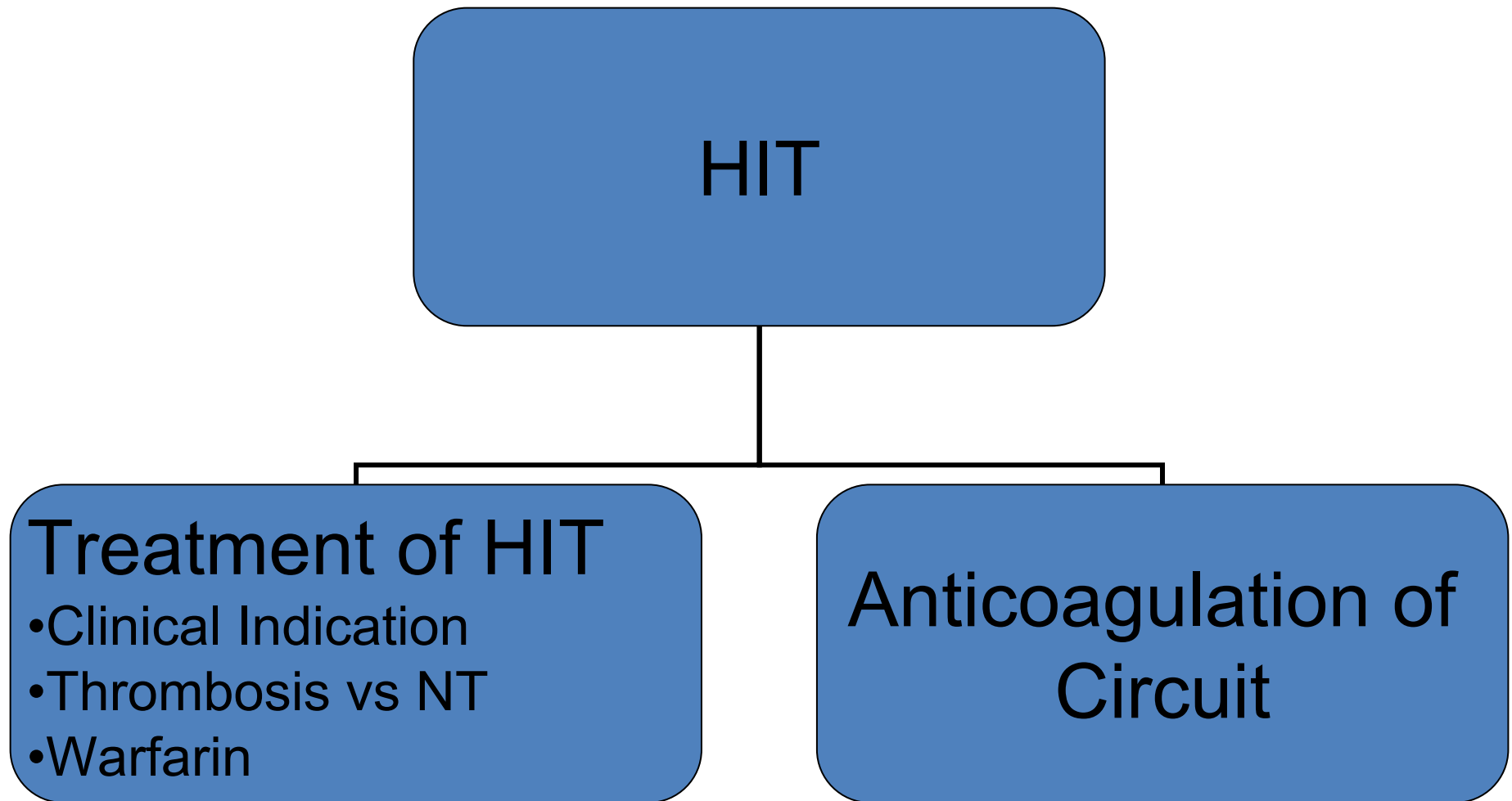
2.2.1 Management of DTI/Danaparoid-VKA Overlap

For patients with strongly suspected or confirmed HIT, we recommend *against* the use of VKA therapy until after the platelet count has substantially recovered (*ie*, usually to at least $150 \times 10^9/L$) over starting VKA therapy at a lower platelet count (Grade 1B).

Warfarin (Coumadin®)

- HIT
 - Anticoagulate for 4 weeks
- HIT with thrombosis
 - Anticoagulate for 3-6 months

Issues with Treatment of HIT in CKD



Argatroban for HD circuit patency

- Two case reports using 100mcg/kg bolus followed by 100-200mcg/kg/hr infusion over HD
 - No clotting of dialyzer
 - aPTT at 1.5x normal
 - Hemostasis of puncture site: 20-30 mins

Argatroban for HD circuit patency

- Prospective Comparison of 3 Tx (cross over):
 - 250mcg/kg bolus + 250mcg/kg bolus allowed
 - 250mcg/kg bolus followed by 120mcg/kg/hr infusion
 - 120mcg/kg/hr infusion initiated 4 hrs prior to HD
- 13 pts received each regimen x 3 with 2 HD sessions as washout.
- aPTT remained between 66 and 91s with all 3 regimens
- No thrombotic events or clotting of dialyzer

Danaparoid for HD circuit patency

Thrombosis Research 1985;38:811-822; Kidney & Dialysis 1990;13:103-108; AJKD 2002; 40:990-995

Study Type	N	Dosing	Monitoring	Adverse Events
ESRD on HD 2x/week	6	<ol style="list-style-type: none"> 1. 22.4 u/kg pre-HD inj (i.e. 1570 units) 2. 34.4u/kg pre HD inj (i.e 2400 units) 3. Heparin 4500u IV followed by CI 950-1370u/h <p>Washout was 5 days</p>	Anti-Xa levels around 0.4 with danaparoid	<p>No clotting in any dialysis procedures</p> <p>Limitation: single dose trial</p>
ESRD on HD	36	<ol style="list-style-type: none"> 1. iv bolus: 3250-4750 iu heparin start of HD followed by CI of 1000-1250u/hr 2. iv bolus: 2400 u of danaparoid at start of dialysis 3. iv bolus: 3200u of danaparoid at start of dialysis <p>Cross over design Washout by 2 HD</p>	<p>Anti-Xa levels: Overall remained between 0.4-0.8u/ml during 4 hr dialysis session for both doses Anti-Xa levels 0.4 with heparin</p>	<p>No difference in clots on membrane</p> <p>Limitation: single dose trial with each different dose</p>
ESRD on HD	21	<ol style="list-style-type: none"> 1) dalteparin 2500 u IV bolus 2) Enoxaparin 40mg IV bolus 3) Danaparoid 35 u/kg IV bolus (eg for 70kg pt = 2400 units) <p>Pts received tx for 4 weeks</p>	Antifactor Xa activity remained elevated up to 48 hours after injection.	No fibrin clots on dialyzer

Lepirudin for HD circuit patency

Two Case reports with Lepirudin for HD

■ Case 1

- Bolus dose of 0.14mg/kg prior to dialysis
- Resulted in lepirudin blood conc of 0.5mcg/ml (MTC)
- No aPTT reported

■ Case 2

- Bolus dose of 0.06mg/kg prior to HD
- Pt developed spontaneous hemorrhage in left quadriceps (aPTT was 44 sec)
- Reduced dose to 0.018mg/kg –no bleed or clotting over next 3 months

Fondaparinux for HD circuit patency

Study Type	N	Dose of Fonda	Adverse Events	Monitoring	% Removal from Dialysis
<p>Circuit patency</p> <p>Part 1: UFH vs fonda</p> <p>Part 2: fonda x 9 HD sessions</p>	12 HD patients	0.05mg/kg every dialysis day (70kg = 3.5mg) into arterial line prior to dialysis session	<p>No bleeding episodes when peak anti-Xa < 0.7mcg/L</p> <p>On average, clotting was lower at higher anti-Xa activity but only complete clotting occurred at 0.94mcg/mL</p>	<p>Pre-dialysis anti-Xa: ↑ from 0 to 0.32 ± 0.09mcg/L</p> <p>Peak anti-Xa: ↑ from 0.61 ± 0.14 to 0.89 ± 0.24 mcg/L</p> <p>SQCS score (clotting score): ↓ from 1.5 ± 0.52 to 1.00 ± 0.43 (p<0.05)</p> <p>Puncture site compression times: ↑ from 23.9 ± 7.5 to 26.3 ± 9.2 min (p<0.05)</p>	NR

Fondaparinux for HD circuit patency

Study Type	N	Dose of Fonda	Adverse Events	Monitoring	% Removal from Dialysis
Circuit patency High flux vs low flux	16 patients- 8 with high flux and 8 with low flux dialyzers Dialyzers primed with 5000IU UFH, pts received tinzaparin 50-75IU/kg x 1 month.	2.5mg once	Fibrin/clot score (0= no clot, 3= complete clot) 1h: 0.12± 0.35 2h: 0.62 ± 0.51 3h: 1.12± 0.64	Anti-Xa _{pre} : 0.04 ± 0.03IU/mL Anti-Xa _{post} : 0.16 ± 0.04 IU/mL Anti-Xa _{next} : 0.06 ± 0.04IU/mL	NR

Comparison of Non-Heparin Alternatives

Agent	Argatroban	Danaparoid	Bivalirudin	Lepirudin	Fondaparinux	Warfarin
Elimination	Hepatobiliary	Renal	Renal & Proteolysis	Renal	Renal	Hepatic
Cross-reactivity	None	~3%	None	None	None	None
Monitoring Parameters	Argatroban level, aPTT	anti-Xa level	ACT	aPTT	anti-Xa level	INR
Side Effects	Headache, dizziness, rash	Worsening thrombosis, increase in LFTs	Back pain, nausea, headache, hypotension	HSR/ anaphylaxis	Thrombocytopenia, increase in LFTs	Bruising, skin necrosis
Reversibility	None	None, plasma-phoresis	None	None, hemo-filtration/ dialysis	None, recombinant factor VIIa	Vitamin K, plasma transfusio
COST HIT tx HD circuit	\$3500	\$1200	\$2800	\$2500	\$300	N/A
	\$250-1000	\$100-500	\$25-100	\$20-100	\$50-100	

Case Presentation

- Drug selection
 - Safety
 - Pregnancy?
 - Dosing in HD?
 - Monitoring?
 - Efficacy
 - Administration
 - Route?
 - Method?
 - Convenience?

Case Presentation

- Therapeutic drug monitoring
 - Therapeutic anti-Xa range not established
 - Reported reference ranges for fondaparinux are for drug concentration
 - 0.2 – 0.4 mcg/mL expected with 2.5 mg SC daily dosing (prophylaxis)
 - 0.5 – 1.5 mcg/mL expected with 7.5 mg SC daily dosing (treatment)

Case Presentation

- Fondaparinux drug levels (mcg/mL)

Date	Pre-HD	Mid-HD	Post-HD
January 7	0.74		
January 8	0.80	0.66	0.54
January 11	0.60	0.50	0.47
January 12	0.83		0.52
January 13	0.73		0.48

Rechallenge with Heparin

- Hit antibodies are transitory with a median time to disappear of 50 – 80 days but may persist for several years
- No official guidelines for HD pts
- Suggest ELISA test q 3 months and if neg retest in 2 weeks and then start on LMWH

Conclusions

- HIT in HD rare despite UFH exposure
- Pattern of exposure (3 times weekly) and frequency of platelet monitoring may complicate diagnosis
- Drug selection influenced by numerous factors
 - Safety, efficacy, convenience, cost



Questions